



Golden Age Gym Festival 2026



**European
Gymnastics**



Invitation to the Online Info meeting 10th Golden Age Gym Festival 2026

Dear Gymnastics Friends,

European Gymnastics and the French Federation of Gymnastics are pleased to invite to the **Online Info Meeting** to present to you the 10th Golden Age Gym Festival, organised in Les Sables d'Olonne from 4th until 9th October, 2026.

In your quality of responsible of Gymnastics for All within your National Federation or Head of Delegation or Group Leader, you are invited to an online meeting on **Thursday, October 16th 2025 at 4 PM CET (approx. one-hour lenght)**. The link for the meeting will be transmitted after the registration closing, on **August, 20th 2025**.

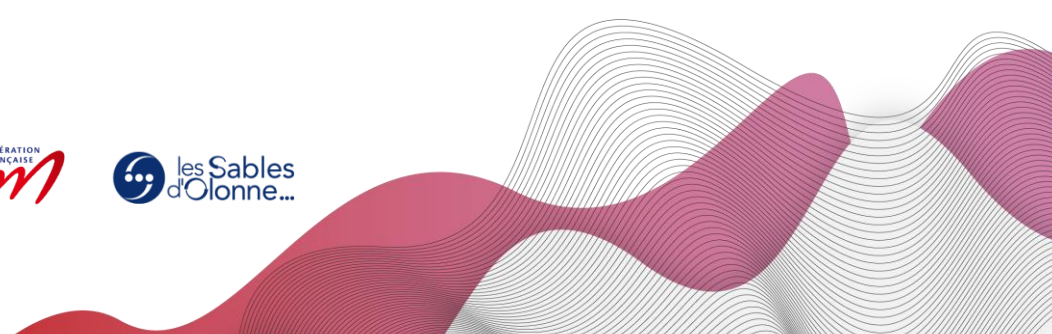
Registration for the meeting : [Registration](#)

Meeting Agenda : The Organising Committee will present you the general program of the event and the workshops proposed during the event week.

The Opening and Closing ceremonies site, the sites of the City Performances and all the beautiful sights surrounding Les Sables d'Olonne will be highlighted.

Finally, we will show you all the propositions for transportation, accommodations and meals.

This meeting will be a great to opportunity to start the countdown to this amazing event and to inspire you to attend with many groups and participants.





Program of the 10th Golden Age Gym Festival 2026

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| • Saturday, October 3 rd | Groups arrivals |
| • Sunday, October 4 th | Groups arrival, parade, opening ceremony |
| • Monday, October 5 th | City Orienteering, Performances |
| • Tuesday, October 6 th | Workshops, Performances |
| • Wednesday, October 7 th | Workshops, Forum, Performances |
| • Thursday, October 8 th | Workshops, Performances |
| • Friday, October 9 th | Workshops, Gala, closing ceremony |
| • Saturday, October 10 th | Groups Departures |

The Organising Committee and the City of Les Sables d'Olonne are looking forward to welcoming you for the 10th Golden Age Gym Festival 2026.

Yours sincerely,



Dominique Mérieux
President of the French Federation

